



St Gregory's Catholic Primary School

Grange Road, Northampton NN3 2AX

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Headteacher: Mrs K Yuen

www.stgregoryscatholicprimaryschool.org.uk

8th November 2019

Dear Parent/Guardians,

At St Gregory's Catholic Primary School, we value PSHE lessons as a valuable part of our curriculum. Following a public consultation which closed in November 2018, the Government has issued revised guidance on Relationships Education, RSE and Health Education. This applies to all schools in England.

'A Journey In Love' is the RSE scheme (Relationship and Sex Education) that we will be using at St Gregory's. It is a resource created by Sister Jude Groden of BRES and it is the recommended programme of study for Catholic Schools. It has been written as a progressive scheme of work that supports the Religious Education and PSHE curriculum taught within our school.

As children progress through school, they discover more and more about themselves and the wider world. This thirst for learning new things in all aspects of life is fostered by our school, as we create a safe, stimulating environment for learning; supporting all children in their development. Our mission statement which drives the school, attempts to achieve this goal following Gospel Values, understanding our journey as children of God, both special and unique.

Central to our work within our school is learning about our faith, including understanding ourselves, our position in our community and how we develop as human beings - our spiritual, social, emotional and physical development. This is how 'A Journey in Love' fits in to the school's curriculum. The scheme permeates through all levels of learning throughout the school. It focuses on friendship, family, community, relationships and spirituality; a guide to the children's development as young Catholics.

As you would expect, not all issues related to personal development are covered by the end of Year 6. The content is age appropriate and is taught with sensitivity, taking into account the children's level of maturity in regard to the delivery of the lessons.

As with all aspects of learning, children are naturally curious and many will have questions related to their lessons. Opportunities to discuss questions form part of the lessons and again these are treated with care and understanding. 'A Journey in Love' highlights the importance of parental input and children will be told to discuss their lessons at home.

As a parent, you have the right to withdraw your child from Sex Education at any time if you wish to do so. If you feel this is something you would like to do, please book an appointment at the school office with myself. However, this is not to be confused with the topics around growing and life cycles within the Science curriculum which is a statutory requirement.



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The programme is authentic to the teachings of the Catholic Church. Below, is a brief outline of the content of the programme. Please note that we will be adding an information booklet for you reference to our website and we will also share the PowerPoints used in the lessons.

Reception: God loves each of us in our uniqueness

Y1: We meet God's love in our family

Y2: We meet God's love in the community

Y3: How we live in love

Y4: God loves us in our differences

Y5: God loves me in my changing and development

Y6: The wonder of God's love in creating new life

If you have any questions or concerns, please do not hesitate to contact myself or Mrs Yuen.

Yours sincerely

Mrs Lucy

Assistant Headteacher and PSHE Lead