



St Gregory's Catholic Primary School

Lent 2022 Information
28th February 2022

Dear Parents,



We begin our Lenten journey this Wednesday. As a Catholic school we approach the Lenten season with great anticipation. We see Lent as the most important season of the year and we journey through it with a sense of renewal. Through **prayer, fasting and almsgiving** we aim to strengthen our relationship with God.

Key dates to note

2nd March 2022- Ash Wednesday Mass

10th March 2022- "Walk against Hunger"- sponsored event. CAFOD Appeal.

15th March 2022- Lenten Reflection at the Cathedral

17th March 2022- St Patrick's day- wear green event.

Our Lenten Activities

This Lent we are supporting CAFOD with their "Walk against hunger" campaign and joining other schools around the country to help stamp out hunger. Around the world, 200 million children are at risk of malnutrition. By challenging ourselves to walk and get sponsored on Just Giving this Lent, we will be helping children to grown big and strong.

To raise money, we're going to have a Walk against Hunger event at school on *10th March 2022*. You can sponsor your child through our *Just Giving Page* - <https://walk.cafod.org.uk/fundraising/st-gregorys-catholic-primary-school>

We really appreciate your support and hope that everyone has fun helping us raise money for CAFOD.

How our fundraising will help

CAFOD is the Catholic Agency for Overseas Development, working together with people living in poverty in some of the most hard-to-reach places in the world.

Our fundraising will support people like Lombeh who lives in Sierra Leone. When she was a baby, Lombeh was dangerously malnourished. One day, her mother Amie met a group of women walking along the road. They were new



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mothers just like herself and they told her about a CAFOD-funded clinic where Amie was taught how to make a highly nutritious food paste from a traditional recipe – perfect for malnourished babies – and it helped Lombeh get better and grow. Now Amie is teaching other new mums in her local community how to make the baby food.

We have chosen to support CAFOD as a way for our pupils to put their faith into action. By raising money to tackle hunger, we will be supporting our brothers and sisters around the world and living out our school mission.

Wear Green for St Patrick's Day

On 17th March we are inviting children to wear green. On this day children can wear green clothes in exchange for a donation of £1 or a tin of food for the Cathedral foodbank. All money raised will be in support of the Walk against Hunger campaign.

Growing closer to God through Prayer

Throughout the season of Lent, we are called to deepen our prayer life. During this time each class will have a special Lent prayer bag that the children will take in turns to take home. Guidance on how to use the prayer bag will be included. Please look out for this and encourage your child to take special care of it, while in their care.



In his message for Lent 2022, Pope Francis invites the faithful to sow seeds of goodness, so that we might reap a harvest of salvation for ourselves and others.

Pope Francis based his message on a passage from St Paul's Letter to the Galatians, "Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all" (6:9-10).

We really appreciate your support and hope that everyone has fun helping us raise money for CAFOD. Together, we look forward to growing in our faith closer to God during this Lenten Season.

Yours Sincerely

Mrs Yuen

Executive headteacher

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