

SCHOOL NURSE MESSAGING SERVICE: Northamptonshire

Information for Parents

ChatHealth, the school nurse messaging service, is confidential and available Monday to Friday from 9am to 4pm. We are expanding this service to provide a messaging service for parents and carers of school aged children and young people, as well as young people. You can message for advice on all kinds of health issues concerning your child or young person, such as emotional health and wellbeing, bullying, healthy eating, sexual health and any general health concerns. Look out for more information from your child or young person's school.

The text number for ChatHealth Northamptonshire is;

07507 329600

There is no charge for this service.



WHAT'S ON YOUR MIND?

DRUGS
exam anxiety
BULLYING family issues
alcohol SMOKING
HEALTHY EATING body image
social networking & cyber bullying
SELF HARM MENTAL HEALTH
relationships
SEXUAL HEALTH


Northamptonshire Healthcare
NHS Foundation Trust

 *for friendly, helpful advice*
TEXT YOUR SCHOOL NURSE ON
07507 329 600

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. Prevent the school nurse from sending messages to you by texting STOP to our number. Please respect your schools mobile phone policy. Messages are charged at your usual rate.