

St Gregorys Primary - Week 1

Danielle

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|---------------------------|------------------------|-----------|-------------|
| Cereals Containing Gluten | Crustaceans | Molluscs | Vegetarian |
| Peanuts | Fish | Mustard | Vegan |
| Tree Nuts | Celery and Celeriac | Lupin | Gluten Free |
| Milk | Soya and Soya Products | Sulphites | |
| Eggs | Sesame Seeds | GM Foods | |

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Cheese & Ham Pasta Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	BBQ Chicken Pizza - Rectangle Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk, Mustard May Contain: Celery and Celeriac Modifiers:	Sausage Meat Plait Does Contains: Gluten (Wheat), Cereal Containing Gluten, Sulphites, Eggs May Contain: Soya and Soya Products, Lupin, Mustard, Celery and Celeriac Modifiers:	Chicken Korma Curry - Allergy Free Does Contains: May Contain: Modifiers:	Fish Stars Does Contains: Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meals	Macaroni Cheese (KEEP) Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:   Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Cheese & Tomato Pizza - Rectangle  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Roasted Root Vegetable Wellington / Vegetable Parcel (VG)  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Celery and Celeriac May Contain:    Soya and Soya Products, Lupin, Mustard Modifiers:	Quorn Korma - Allergy Free Sauce (VG)  Does Contains: May Contain:  Mustard Modifiers:	Vegetable Nuggets KS1 (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers: Vegetable Nuggets KS2 (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:
Sides	Broccoli (VG/GF)  Does Contains: May Contain: Modifiers:	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	Mashed Potatoes (VG)  Does Contains:  Sulphites May Contain: Modifiers:	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	Chips (VG)  Does Contains: May Contain: Modifiers: Baked Beans (VG)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Homemade Bread 🌿 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Garlic Bread / Garlic Slice / Garlic Flatbread 🌿 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: 🌿🍷🥛 Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products, Milk Modifiers:	Skin On Spicy Potato Wedges (VG) 🌿 Does Contains: May Contain: Modifiers: Sweetcorn (VG) 🌿 Does Contains: May Contain: Modifiers:	Homemade Bread 🌿 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Gravy (VG) 🌿 Does Contains: May Contain: Modifiers: Green Beans (half portion) (VG) 🌿 Does Contains: May Contain: Modifiers: Carrot Batons (half portion) (VG/GF) 🌿 Does Contains: May Contain: Modifiers:	50/50 Rice (VG) 🌿 Does Contains: May Contain: Modifiers: Peas (VG) 🌿 Does Contains: May Contain: Modifiers:	Homemade Bread 🌿 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:
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	Monday	Tuesday	Wednesday	Thursday	Friday
Option	Jacket Potato Baked Beans Topping (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers: Jacket Potato (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping 🌱 Does Contains: 🍗 Milk May Contain: Modifiers: Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF) 🌱 Does Contains: 🍗 Milk May Contain: Modifiers: Twisty Pasta Topping - Tomato Sauce (VG/GF) 🌱 Does Contains: May Contain: Modifiers: Twisty Pasta (VG) 🌱 Does Contains: 🍗 Gluten (Wheat), Cereal Containing Gluten May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers: Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Twisty Pasta (VG) 🌱 Does Contains: 🍗 Gluten (Wheat), Cereal Containing Gluten May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers: Twisty Pasta Topping - Tomato Sauce (VG/GF) 🌱 Does Contains: May Contain: Modifiers: Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF) 🌱 Does Contains: May Contain: Modifiers: Twisty Pasta Topping - Grated Cheddar (GF) 🌱 Does Contains: 🍗 Milk May Contain: Modifiers:	Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG) 🌱 Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping 🌱 Does Contains: 🍗 Milk May Contain: Modifiers: Jacket Potato (VG) 🌱 Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF) 🌱 Does Contains: May Contain: Modifiers: Twisty Pasta Topping - Grated Cheddar (GF) 🌱 Does Contains: 🍗 Milk May Contain: Modifiers: Twisty Pasta Topping - Tomato Sauce (VG/GF) 🌱 Does Contains: May Contain: Modifiers: Twisty Pasta (VG) 🌱 Does Contains: 🍗 Gluten (Wheat), Cereal Containing Gluten May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
Desserts	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Fruit - Apple (VG)  Does Contains: May Contain: Modifiers: Fruit - Banana (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Apple (VG)  Does Contains: May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Fruit - Banana (VG)  Does Contains: May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Fruit - Banana (VG)  Does Contains: May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:				

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🥛 Milk May Contain: Modifiers:	Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:
	Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🥛 Milk May Contain: Modifiers:	Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:
	Banana & Honey Flapjacks 🌱 Does Contains: 🌾🧪 Cereal Containing Gluten, Gluten (Oats), Sulphites May Contain: 🌾 Gluten (Barley), Gluten (Wheat) Modifiers:	Secret Brownie 🌱 Does Contains: 🌾🥚 Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain: 🥚 Soya and Soya Products Modifiers:	Fruit Yoghurt Crunch 🌱 Does Contains: 🌾🥛 Cereal Containing Gluten, Gluten (Oats), Gluten (Wheat), Milk May Contain: 🌾🥚 Gluten (Barley), Soya and Soya Products Modifiers:	Strawberry Ice Cream Sundae Does Contains: 🥛 Milk May Contain: Modifiers:	Orange Shortbread (VG) 🌱 Does Contains: 🌾 Gluten (Wheat), Cereal Containing Gluten May Contain: 🥚 Soya and Soya Products Modifiers:
		Chocolate Sauce 🌱 Does Contains: 🥛 Milk May Contain: Modifiers:		Vanilla Ice Cream Sundae Does Contains: 🥛 Milk May Contain: Modifiers:	

	Monday	Tuesday	Wednesday	Thursday	Friday
				Chocolate & Banana Vanilla Ice Cream Sundae 🍌 Does Contains: 🌾🥛 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: 🥒 Mustard Modifiers:	