

St Gregorys Primary - Week 2

Danielle

-  Cereals Containing Gluten
-  Peanuts
-  Tree Nuts
-  Milk
-  Eggs
-  Crustaceans
-  Fish
-  Celery and Celeriac
-  Soya and Soya Products
-  Sesame Seeds
-  Molluscs
-  Mustard
-  Lupin
-  Sulphites
-  GM Foods
-  Vegetarian
-  Vegan
-  Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Pork Meatballs in Tomato Sauce Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Sulphites May Contain: Modifiers:	Cajun Sunshine Chicken Pasta Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Brunch Lunch - Sausage Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Sulphites May Contain: Modifiers: Brunch Lunch - Bacon Does Contains: May Contain: Modifiers: Brunch Lunch - Hash Brown (VG)  Does Contains: May Contain: Modifiers:	Jerk Chicken Thigh Does Contains:  Gluten (Barley), Cereal Containing Gluten May Contain: Modifiers:	Battered Fish Fillet (battered pollock) Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meals	Vegetarian Meatballs in Tomato Sauce (VG) - KEEP  Does Contains:  Soya and Soya Products May Contain: Modifiers:	Broccoli & Cream Cheese Pasta  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:   Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Brunch Lunch - Vegetarian Sausage (VG)  Does Contains:  Soya and Soya Products May Contain: Modifiers: Brunch Lunch - Cheese Omelette  Does Contains:   Milk, Eggs May Contain: Modifiers: Brunch Lunch - Hash Brown (VG)  Does Contains: May Contain: Modifiers: Brunch Lunch - Baked Beans (VG)  Does Contains: May Contain: Modifiers:	Jerk Quorn (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Cheese & Bean Turnover  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:    Soya and Soya Products, Lupin, Mustard Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Homemade Bread 🌱 Does Contains: 🌾🥚🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Wholewheat Penne Pasta (VG) 🌱 Does Contains: 🌾 Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers: Sweetcorn (VG) 🌱 Does Contains: May Contain: Modifiers:	Homemade Bread 🌱 Does Contains: 🌾🥚🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Warm Wholemeal Baguette / Crusty Bread (VG) 🌱 Does Contains: 🌾 Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain: 🌾 Sesame Seeds Modifiers: Broccoli (VG/GF) 🌱 Does Contains: May Contain: Modifiers:	Homemade Bread 🌱 Does Contains: 🌾🥚🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Homemade Bread 🌱 Does Contains: 🌾🥚🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Peas (VG) 🌱 Does Contains: May Contain: Modifiers: Jollof Rice (VG) 🌱 Does Contains: 🌾 Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain: 🥫 Mustard Modifiers:	Chips (VG) 🌱 Does Contains: May Contain: Modifiers: Homemade Bread 🌱 Does Contains: 🌾🥚🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Peas (VG) 🌱 Does Contains: May Contain: Modifiers:
Third Option					

	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:
	Jacket Potato Grated Vegan Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:
	Jacket Potato Grated Cheese Topping  Does Contains:  May Contain: Modifiers:	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  May Contain: Modifiers:
	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
Desserts	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Vanilla Ice Cream Sundae Does Contains:  Milk May Contain: Modifiers: Strawberry Ice Cream Sundae Does Contains:  Milk May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers:	Chocolate Ice Cream Sundae - Chocolate Sauce & Chocolate Sprinkles 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥫 Mustard Modifiers:	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers:
	Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🥛 Milk May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🥛 Milk May Contain: Modifiers:	Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:
	Flaky Apple Puff 🌱 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: 🍷🥛 Soya and Soya Products, Lupin, Mustard Modifiers:	Orange & Mandarin Jelly (VG) 🌱 Does Contains: May Contain: Modifiers:	Tropical Sponge 🌱 Does Contains: 🌿🍷 Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain: 🌿🍷🥛 Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products, Sulphites Modifiers:	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit Salad (VG) 🌱 Does Contains: 🍷 Sulphites May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
				Fruit - Grapes (VG) 🍇 Does Contains: May Contain: Modifiers: Fruit - Apple (VG) 🍏 Does Contains: May Contain: Modifiers:	