

St Gregorys Primary - Week 3

Danielle

-  Cereals Containing Gluten
-  Peanuts
-  Tree Nuts
-  Milk
-  Eggs
-  Crustaceans
-  Fish
-  Celery and Celeriac
-  Soya and Soya Products
-  Sesame Seeds
-  Molluscs
-  Mustard
-  Lupin
-  Sulphites
-  GM Foods
-  Vegetarian
-  Vegan
-  Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Sausage & Lentil Ragu **NOT COMPLETED** Does Contains:    Gluten (Wheat), Gluten (Barley), Cereal Containing Gluten, Sulphites, Celery and Celeriac May Contain: Modifiers:	Pepperoni Pizza Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Chicken Puff Pastry Pie Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:     Soya and Soya Products, Lupin, Mustard, Celery and Celeriac Modifiers:	Beef Bolognese Does Contains: May Contain: Modifiers:	Fish Fingers KS2 Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:
	Tagliatelle  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:    Eggs, Soya and Soya Products, Mustard Modifiers:	Pepperoni Pizza - Rectangle Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:			Fish Fingers KS1 Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meals	Vegan Chilli Pasta Bake 🌱 Does Contains: 🌿🍷 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Cheese & Tomato Pizza 🌱 Does Contains: 🌿🍷 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers: Cheese & Tomato Pizza - Rectangle 🌱 Does Contains: 🌿🍷 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Vegetable Pie 🌱 Does Contains: 🌿🍷C Gluten (Wheat), Cereal Containing Gluten, Gluten (Barley), Milk, Celery and Celeriac May Contain: 🌾LU Soya and Soya Products, Lupin, Mustard Modifiers:	Vegan Mince Bolognese - (VG/GF) 🌱 Does Contains: 🍷 Soya and Soya Products May Contain: Modifiers:	Quesadilla 🌱 Does Contains: 🌿🍷 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:
Sides	Homemade Bread 🌱 Does Contains: 🌿🍷🍷 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🍷 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🍷 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🍷 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Baked Beans (VG/GF) 🌱 Does Contains: May Contain: Modifiers: Chips (VG) 🌱 Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Warm Wholemeal Baguette / Crusty Bread (VG) Does Contains:  Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain:  Sesame Seeds Modifiers: Broccoli (VG/GF) Does Contains: May Contain: Modifiers:	Herby Diced Potatoes Does Contains: May Contain: Modifiers: Sweetcorn (half portion) (VG) Does Contains: May Contain: Modifiers: Peas (half portion) (VG) Does Contains: May Contain: Modifiers:	Roasted New Potatoes Does Contains: May Contain: Modifiers: Peas (half portion) (VG) Does Contains: May Contain: Modifiers: Carrot Batons (half portion) (VG/GF) Does Contains: May Contain: Modifiers: Knorr Gravy (VG) Does Contains: May Contain: Modifiers:	Wholewheat Penne Pasta (VG) Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers: Side Salad (VG/GF/DF) Does Contains: May Contain: Modifiers: Salad Sticks (VG) Does Contains: May Contain: Modifiers: Garlic Bread / Garlic Slice / Garlic Flatbread Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:    Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products, Milk Modifiers:	Homemade Bread Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Third Option	Jacket Potato Grated Vegan Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:
	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:
	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:
	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	

	Monday	Tuesday	Wednesday	Thursday	Friday
	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers: Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
Desserts	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Banana (VG) 🍌🌿 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🍌🌿 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🍊🌿 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🍌🌿 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🍊🌿 Does Contains: May Contain: Modifiers:
	Fruit - Apple (VG) 🍏🌿 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🍊🌿 Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG) 🍇🌿 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🍊🌿 Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG) 🍇🌿 Does Contains: May Contain: Modifiers:
	Yogurt (Mullerlight) 🍏🌿 Does Contains: 🥛 Milk May Contain: Modifiers:	Fruit - Apple (VG) 🍏🌿 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🍌🌿 Does Contains: May Contain: Modifiers:	Fruit - Apple (VG) 🍏🌿 Does Contains: May Contain: Modifiers:	Fruit - Apple (VG) 🍏🌿 Does Contains: May Contain: Modifiers:
	Iced Cinnamon Fruit Roll 🍏🌿 Does Contains: 🌿🍌🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🍌 Eggs Modifiers:	Lemon & Blueberry Traybake 🍏🌿 Does Contains: 🌿🍌 Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain: 🍌 Soya and Soya Products Modifiers:	Banana Mousse 🍌🌿 Does Contains: 🥛 Milk May Contain: Modifiers:	Strawberry Iced Cookie 🍏🌿 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: 🍌 Soya and Soya Products Modifiers:	Strawberry Ice Cream Sundae Does Contains: 🥛 Milk May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
			Cheese & Crackers with an Apple Wedge 🌿 Does Contains: 🍃🥛 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:		Vanilla Ice Cream Sundae Does Contains: 🍃🥛 Milk May Contain: Modifiers: Chocolate & Banana Vanilla Ice Cream Sundae 🌿 Does Contains: 🍃🥛 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: 🍷 Mustard Modifiers: